

Certificate of Attendance

BREATHING: ESSENTIAL FOR LIFE AND HIGHLY ADAPTIVE

Pilates Alliance, Japan: 2 Hours
(2CEC)

Presented by:

**Pilates
Alliance**

®

Irene Dowd

Irene Dowd

Attendee:

Dated: January 19th

This course was organized by the Pilates Alliance, it will be issued this certificate to the students.
It will be issued as a certificate of attendance to the participants.