



Certificate of Attendance

Presented to

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For successfully completing the  
***Peak Pilates® Exercise for Spinal Column Movement  
and Shoulder joints for Trunk Stability***

(3 Peak Pilates CEC) #349

Tradeshow Location: **Pilates Alliance (Tokyo , JAPAN)**

Program date and time: **November 4<sup>th</sup> , 2023 (10:00am –01:00pm)**

Trainer: **Manabu Sanomura**

To receive credit for Peak Pilates CECs, please fill out CEC renewal form posted on [www.peakpilates.com](http://www.peakpilates.com).

Mail to: 2111 Narcissus Court , Venice, CA 90291

Please retain this certificate for your records for a minimum of four years